

School-Age Developmental Checklist 8 – 10 Years Old

CHILD'S NAME:		Age:		Date of Completion(s):
Developing Physical Skills	Yes	No	Sometimes	Comments
1. Shows interest, enjoyment, and energy during large muscle activities (e.g., running, jumping, climbing, jump roping, tag games, dancing to music, etc.)				
2. Tests out large muscle capabilities; takes physical risks within safe limits				
3. Coordinates physical skills (e.g., can run and dribble at the same time)				
4. Exhibits an interest in competitive sports and games – team and/or individual sports				
5. Has an awareness of personal physical skill levels; compares self with others				
6. Engages in activities using small muscles (e.g., drawing, writing, Legos, K'nex, model building, sewing, board games)				
7. Exhibits interest and perseverance when learning skills requiring eye/hand coordination (e.g., how to use woodworking tools, how to use a water color brush)				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Developing New Thinking Abilities	Yes	No	Sometimes	Comments
1. Engages in activities that involve exploring, inventing, experimenting, and creating				
2. Asks probing questions during program activities				
3. Expresses interest in how things work and why things happen				
4. Uses language skills to read and write poems, stories, letters, and plays and to communicate with children and adults.				
5. Uses problem solving and negotiation skills during disagreements and conflicts				



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6. Likes to collect, organize, and categorize things				
7. Expresses interest in following rules and guidelines; expresses concern about what's fair and not fair				
8. Expresses interest in making plans, developing procedures for getting things done, and carrying out plans				
9. Engages when working on long-term projects				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Developing Social Skills	Yes	No	Sometimes	Comments
1. Engages in cooperative games, group projects, and social activities such as singing and dancing				
2. Participates in special interest clubs (if offered)				
3. Engages in competitive sports and games; maintains composure and good sportsmanship				
4. Exhibits politeness and social graces when interacting with others				
5. Exhibits care and concern for the feelings of others; respects others' opinions				
6. Uses communication skills (listening and expressive language) to solve problems and conflicts with others				
7. Monitors and takes responsibility for personal behavior				
8. Acts as a mentor or "teacher" to help other children; exhibits leadership ability				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Exploring the World Beyond Home and Family	Yes	No	Sometimes	Comments
1. Exhibits interest in learning about the community				



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2. Engages when on community field trips; suggests community places to visit and explore				
3. Engages with special visitors from the community. Suggests special visitors to invite				
4. Engages in conversations about community issues and concerns				
5. Expresses interest in projects that involve helping others (e.g., beautifying or improving the community, entertaining people in the community, etc.)				
6. Uses a variety of tools, skills, and sources to learn more about the community (e.g., uses the library, the internet, and other resources to find information about the community)				
7. Expresses interest in learning about the traditions and customs of people from different cultures and countries. Engages in participating in projects to benefit or beautify the program environment or the community				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Developing Competencies	Yes	No	Sometimes	Comments
1. Makes plans for learning and improving skills required for special interests and hobbies				
2. Exhibits persistence in practicing skills to become more competent				
3. Engages in long-term individual projects that require a variety of skills				
4. Participates in a wide variety of activities that foster skill development (e.g., sports and games, arts and crafts, games of strategy, cooking, music, science experiments and projects, etc.)				
5. Engages in displaying finished projects that demonstrate skills (e.g., talent shows, art exhibits, science fairs, poetry reading, etc.)				
6. Responds to being acknowledged for achievements and accomplishments (e.g., certificates, ribbons, newsletter write-ups, public announcements, etc.)				



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7. Engages in teaching skills to others				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Developing a Positive Sense of Self	Yes	No	Sometimes	Comments
1. Exhibits self-confidence related to physical appearance and abilities; appears comfortable with continuing physical changes				
2. Exhibits self-confidence when interacting with others and building friendships				
3. Shares thoughts about personal goals, dreams, hopes and plans for the future				
4. Exhibits an awareness of personal strengths, talents, and abilities				
5. Works and plays comfortably with both boys and girls				
6. Exhibits caring and concern for others				
8. Expresses emerging sense of self through music, arts, playacting, and/or writing				
9. Uses mistakes as a learning tool; is not discouraged by mistakes				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Moving Towards Independence	Yes	No	Sometimes	Comments
1. Volunteers to take on jobs and responsibilities; follows through with tasks related to responsibilities				
2. Mimics adult behaviors; wants to leave behind "being a little kid"				
3. Takes the initiative to organize activities and clubs based on interests shared with other children				



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4. Expresses personal opinions and beliefs verbally and in writing				
5. Analyzes problems and negotiates positions with other children and adults				
6. Makes thoughtful choices and decisions about how to use time and resources				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

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