

## School-Age Developmental Checklist 5 – 7 Years Old

CHILD'S NAME:		Age:		Date of Completion(s):
Developing Physical Skills	Yes	No	Sometimes	Comments
1. Shows interest, enjoyment, and energy during large muscle activities (e.g., running, jumping, climbing, jump roping, tag games, dancing to music, etc.)				
2. Likes to test out large muscle capabilities; takes risks				
3. Engages in eating varied snacks and meals				
4. Needs rest or relaxation after physical activity				
5. Engages in activities using small muscles (e.g., drawing, painting, writing, puzzles, Legos, weaving, measuring and pouring, collage, etc.)				
6. Engages in using hands to make things; interested in learning skills for making things				
7. Engages in organized sports and games				
8. Exhibits increasing physical coordination				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Developing New Thinking Abilities	Yes	No	Sometimes	Comments
1. Exhibits curiosity and creativity during activities				
2. Engages in exploring new materials and activities				
3. Asks “why” questions				
4. Uses language skills to read and write simple words, sentences, and stories				
5. Uses tangible objects to understand number relationships (e.g., beads, abacus, blocks, etc.)				
6. Tries to use language to work through problems				



7. Uses imagination during dramatic/imaginative play				
8. Exhibits caring and concern for others				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Developing New Social Skills	Yes	No	Sometimes	Comments
1. Engages in activities and play with other children on-on-one or and in groups				
2. Initiates activities and play with other children				
3. Participates with adults in conversations and play/activities				
4. Initiates contact/conversation with adults				
5. Looks to adults for help and guidance				
6. Copes well in structure situation (games, group meetings, songfests, etc.)				
7. Expresses angry or upset feelings with words rather than physical action				
8. Likes to play and make up social games				
9. Has special friends				
Overall comments/suggestions to support child in developing a positive sense of self:			Items to collect for portfolios:	

Exploring the World Beyond Home and Family	Yes	No	Sometimes	Comments
1. Engages in community field trips				
2. Engages when program has special visitors from the community				
3. Engages in playacting different roles (e.g., community helpers, different occupations, TV character, extended family roles)				



4. Engages in learning about family customs and traditions of other children in the program				
5. Likes to try new foods				
6. Engages in a variety of different kinds of music and dance				
7. Engages in participating in projects to benefit or beautify the program environment or the community				
Overall comments/suggestions to support child in developing a positive sense of self:	Items to collect for portfolios:			

Developing Competencies	Yes	No	Sometimes	Comments
1. Engages in learning and practicing new skills (physical skills, artistic skills, reading skills, etc.)				
2. Engages in activities that have a beginning, middle, and end (or end product). Can follow step-by-step directions or procedures				
3. Takes pride in accomplishments				
4. Engages in displaying finished artwork or projects				
5. Responds positively to adult acknowledgement (of efforts, success)				
6. Engages in helping other children and showing them how to do things				
7. Exhibits interests or talents related to specific program areas or activities				
Overall comments/suggestions to support child in developing a positive sense of self:	Items to collect for portfolios:			

Developing a Positive Sense of Self	Yes	No	Sometimes	Comments
1. Exhibits self-confidence while learning and using physical skills				
2. Exhibits self-confidence while learning and using thinking skills				
3. Exhibits self-confidence while interacting with others and learning social skills				



4. Is willing to try new things with appropriate support and guidance				
5. Shows awareness of accomplishments and skills				
6. Talks positively about accomplishments				
7. Exhibits caring and concern for others				
Overall comments/suggestions to support child in developing a positive sense of self:	Items to collect for portfolios:			

Moving Towards Independence	Yes	No	Sometimes	Comments
1. Engages to take on responsibilities				
2. Initiates own activities				
3. Completes tasks independently				
4. Exhibits ability to make choices				
5. Tries to correct mistakes				
6. Tries to talk with others to solve problems				
7. Works and plays independently with other children				
8. Cleans up after activities with little adult prompting				
Overall comments/suggestions to support child in developing a positive sense of self:	Items to collect for portfolios:			

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Health System

